

# FREE Play! Pickleball



Pickleball is the fastest growing sport in the USA! It is derived from a mixture of table tennis, badminton, and tennis.

It is played with a paddle like table tennis rather than a long handled stringed racquet.

The court is smaller than tennis, similar to a badminton sized court, 20 feet by 44 feet.

The ball is similar to tennis, except it is hard plastic and has holes in it. A pickleball is slower than a tennis ball.

It's easy to play because it is played on a badminton sized court, with a short paddle, and a slower ball.

The rules are similar to tennis except:

- The serve must be underhand, not overhand, not side arm.
- Each side must let the ball bounce before it can be volleyed.
- There is a no-volley zone 7 feet from the net.
- The net is 36 inches high (34 inches high in the center) by 22 ft wide.

Please consider to join us for free play:

**Registration: Continuously at [www.sbcrec.org](http://www.sbcrec.org)**

**Days/Times:** Monday, Wednesday and Friday

10:00 am until 12:00 pm

Richmond Hill Gym, 508 Timber Trail

*\*Times and Days are subject to change*

**For more information please contact office at**